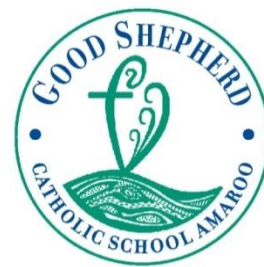


GOOD SHEPHERD CATHOLIC PRIMARY SCHOOL

Burdekin Avenue, Amaroo ACT 2914
 Phone: (02) 6255 7888 • Fax: (02) 6255 7999
 Email: office.goodshepherd@cg.catholic.edu.au



10 September 2018

Dear Parents,

During Term Four, all children in Kindergarten to Year 3 will attend a Learn to Swim Program, once a week, beginning Tuesday 16 October through to Thursday 6 December (Weeks 1 to 8) at the Forde Aquatic Centre. Please refer to timetable for your child's swimming day. There will be 8 consecutive lessons in total.

It is intended that the swimming lessons be the main Physical Education program for Term Four and therefore it is an expectation that all children participate.

The swimming lessons for 2018 have been charged to your school fees over the year and are non-refundable unless the child has a doctor's certificate.

The Swim Program is flexible and caters for varying abilities regardless of age. The children will participate in 30 minute lessons. We have been informed that the groups will contain no more than 8 children.

It is recommended that the children wear swimmers under their usual uniform for their day. Before going to the pool, students will put on their designated swimming T-shirt and thongs/sandals to go to the pool. On their return to school, the children will change out of their swimmers and back into their uniform. Each day the children will need to bring to school a towel, underwear, thongs/sandals and a t-shirt in a plastic bag with all items clearly labelled.

**Please complete the Permission Form
and return to your child's class teacher no later than Friday 21 September.**

	Class	Time		Class	Time		Class	Time
Tuesday	Yr 1 Manenica	11:30-12:00	Wednesday	*Yr 3 Thewlis	11:30-12:00	Thursday	Kinder Eglinton	11:30-12:00
	Yr 1 Coghlan	12:00-12:30		*Yr 3 Donnelly	11:30-12:00		Kinder Tokich	12:00-12:30
	Yr 1 Rous	12:30-1:00		Yr 2 Thompson/ Callaghan	12:00-12:30		Kinder Kouparitsas	12:30-1:00
	Yr 1 Huleatt	1:00-1:30		Yr 2 Kenna	12:30-1:00		Kinder MacMahon/ Scott	1:00-1:30
	Yr 3 Welsh	1:30 - 2:00		Yr 2 Fitzpatrick	1:00-1:30		Yr 3 Whackett	1:30 - 2:00
				Yr 2 Moore	1:30 - 2:00			

Kind regards,
K-3 teachers

FOR THE FRIDGE

Please Note

All children must wear their swimmers to school under their school uniform.

The children must bring the following items to school on swimming days:

- a plastic bag (to carry all other belongings)
- towel
- underwear
- 1 pair of thongs or sandals
- 1 t-shirt (Not school uniform, to wear to and from the pool)

Everything must be labelled with your child's name



My swimming day is _____

PLEASE RETURN ONE FORM FOR EACH CHILD

My child _____ in Class _____

Medical information

(Please circle)

Asthma **YES / NO** Vision problems **YES / NO** Epilepsy **YES / NO**
Hearing Problems **YES / NO** Diabetes **YES / NO** Allergies _____

Swimming ability

Please ✓ one only

- CANNOT SWIM AT ALL and is not comfortable in the water
- CONFIDENT BUT PREVIOUS EXPERIENCE LIMITED. Will put face in water and float on back unaided
- SOME BASIC FREESTYLE (5m with basic breathing) and backstroke (5m)
- 15m BACKSTROKE AND FREESTYLE (correct breathing). Has been introduced to breaststroke
- 25m BACKSTROKE AND FREESTYLE. Breaststroke kick using a kickboard
- 50m BACKSTROKE, FREESTYLE AND BREASTSTROKE
- GOOD ABILITY WITH ALL 4 STROKES AND SURVIVAL BACKSTROKE. Can swim 200m continuously.

LEARN TO SWIM PROGRAM

I _____ give permission for my child _____
in class _____ to attend the swimming program at the Forde Aquatic
Centre

I understand my child will travel to and from the venue by ACTION bus.

I also give permission for the Forde Swimming Staff to administer first aid if necessary.

Please complete the form and return to class teacher by Friday 21 September 2018

Parent signature: _____ Date: _____

Parent name: _____ Contact number- _____